



**Field Hockey BC Athlete Pathway  
Talent Identification, Evaluation, and Selection**

**2022 Review towards 2023 Execution**

Pathway feedback from 2022 involving coaches, evaluators, and athletes pointed heavily to the desire to have both evaluation and selection driven through a greater percentage of structured game play rather than technical drill assessment and scrimmage.

The table below represents the approved (November 7 2022) adaptation to the Second Stage of the GMP Evaluation and Selection pathway process for 2023.

The FHBC GMP Evaluation and Selection pathway process involves two separate stages for female athletes and a single stage for male athletes. The First Stage for female athletes and the Single Stage for male athletes remains for 2023 within a similar structural context to 2022. This means that:

- Female Athletes will still be required to be nominated by a coach in order to be invited to attend Stage One Regional Evaluation Camps.
- Male Athletes will still be required to be nominated by a coach in order to be invited to attend a Centralized Evaluation Camp.

**For Provincial and Regional Athlete Evaluation and Selection**, Female Athletes move to Stage 2 of the pathway and Male Athletes are both Evaluated and Selected from the same Centralized Evaluation Camp.

**See Table Below for a comparison between 2022 Delivery and the 2023 Evolution**

2022 Delivery	2023 Evolution
<b>Female Pathway U18 and U16 - Stage 2</b>	<b>Female Pathway U18 and U16 – Stage 2</b>
Stage 2 involved a Single Camp	Stage 2 Program involves Two Parts
<p align="center"><b>Stage 2 Evaluation and Selection Camp</b></p> <p>Athletes divided into three groups for Technical Drill-Based Evaluation Sessions</p> <p>Athletes divided into four scrimmage groups (per age group) for Game-Play Evaluation Sessions</p> <p>Fitness Testing conducted at the start of the Camp</p> <p>Players introduced to the concepts of Physiological Preparation – Warm-up and Cool-Down</p>	<p><b>The First Part is a Team Preparation Phase</b></p> <p>During this Phase athletes would be evaluated within a <b>technical context</b> but would also be exposed to and trained in <b>tactical concepts of play</b></p> <p>This Phase involves a <b>single mid-week on-field session</b> intended to prepare the athletes for Team-Play within a Competitive Schedule</p>

<p>There were three two-hour sessions over a weekend for each age group</p> <p>Appointed Provincial Coaches assisted the on-field delivery of each session</p> <p>The Camps took place over the Easter Weekend in April 2022 (U18) and over the May Long Weekend 2022 (U16)</p>	<p>There would be <b>six mid-week on-field sessions</b> and <b>two video conference sessions</b>. Each session would be 90 minutes</p> <p>Fundamental Movement Screens (FMS) would be conducted on all athletes during this Phase</p> <p>Fitness Testing would be conducted on all athletes during this Phase</p> <p>Players introduced to the concepts of Physiological Preparation – Warm-up and Cool-Down</p> <p>The desire is to see these sessions being conducted by appointed Provincial Head Coaches</p> <p>These sessions would take place on a <b>Regional basis</b> to allow athletes ease of access</p> <p>These mid-week sessions would take place during the <b>calendar month of April and during the first two weeks in May*</b></p> <p>*Note: from previous Lower Mainland Community dialogue, FHBC holding single training sessions <b>mid-week</b> during this time period was not anticipated to be a detriment to Junior League participation. There is no associated or anticipated restriction for Island or Interior athletes</p>
	<p><b>The Second Part is a Team Competition Phase</b></p> <p>This Phase would involve the athletes being drafted into teams by Regional location</p> <p>Athletes would travel to Vancouver Island and reside as necessary in student accommodation at the University of Victoria</p> <p>Athletes would be evaluated within a Competition Structure hosted at the University of Victoria</p> <p>FHBC would re-apply previously adopted competition protocols for athlete game-</p>

	<p>time and opportunity within the competitive structure</p> <p>The Competition Phase would take place over three days of the May Long-Weekend (Saturday to Monday)</p> <p>Such a Competition Phase is considered by many to be a significant value-add to field hockey participation across all Regions, but most especially for those athletes and coaches from the Island and Interior Regions.</p>
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2022 Delivery	2023 Evolution
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<b>Male Centralized Pathway U18 and U16</b>	<b>Male Centralized Pathway U18 and U16</b>
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<p style="text-align: center;"><b>Stage 2 Evaluation and Selection Camp</b></p> <p>Athletes divided into three groups for Technical Drill-Based Evaluation Sessions</p> <p>Athletes divided into two scrimmage groups (per age group) for Game-Play Evaluation Sessions</p> <p>Players introduced to the concepts of Physiological Preparation – Warm-up and Cool-Down</p> <p>There were three two-hour sessions over a weekend for each age group</p> <p>Appointed Provincial Coaches assisted the on-field delivery of each session</p> <p>The Camps took place over the Easter Weekend in April 2022 (U18) and over the May Long Weekend 2022 (U16)</p>	<p style="text-align: center;"><b>Stage 2 Evaluation and Selection Camp</b></p> <p>Athletes divided into two groups per age group for Drill- Based Evaluation Sessions – Days 1 &amp; 2</p> <p>Athletes divided into two groups per age group for Tactical and Positional Principles of Play Sessions – Days 1 &amp; 2 (sessions would be both Classroom based and On-Field)</p> <p>The desire is to see these Tactical and Positional Principles of Play Sessions being led by appointed Provincial Head Coaches</p> <p>Fitness Testing conducted on Day 1</p> <p>Fundamental Movement Screens (FMS) would be conducted on all athletes during Days 1 &amp; 2</p> <p>Players introduced to the concepts of Physiological Preparation – Warm-up and Cool-Down</p> <p>Athletes divided into two/three groups per age group for structured Game-Play Evaluation – Days 3 &amp; 4</p> <p>The Camp is targeted to take place for both age groups over the Easter Weekend in April 2023. Age groups would alternate sessions throughout the 4-day itinerary</p>
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	<p>The potential future intent for this pathway could be to align both the Male and Female Pathways which in the case of the Male Pathway could be triggered at a time when Male athlete numbers provide the ability to form a minimum of four competitive groups per age group</p>
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