



## NCCP Competition-Introduction Coach Education Cohort (Spring 2021)

### Purpose

Field Hockey BC will be piloting the delivery of the new Field Hockey Canada NCCP Competition-Introduction coaching course, and we want to give coaches across our community the opportunity to not only be involved but get the most out of their training. Therefore, we are establishing an **FHBC Cohort of Coaches** that will be guided through the Certification process by FHBC staff. Participants will be given clear instructions on what courses they need to take, as well as when and where to find each course and how to register.

**Join the FHBC Cohort of Coaches and FHBC will financially subsidize BOTH the NCCP Competition-Introduction Field Hockey Course and the NCCP Make Ethical Decisions Module. A saving of over \$300!**

### Requirements

Interested coaches will be required to **complete two multi-sport NCCP courses (Planning a Practice, Teaching & Learning) by May 2021**. The Field Hockey Competition-Introduction course will be hosted by FHBC in May 2021.

The remaining courses can be completed on the coaches' own schedules, but FHBC staff will continue to support coaches in finding and registering for these courses.

### Why become Trained and Certified as a Competition-Introduction coach?

The Competition-Introduction stream is for coaches that want to take the next step beyond the Community Coach level. **This stream is most appropriate for coaches of Under 14 and Under 16 Club, Regional, or Provincial Teams**, who will teach their athletes the skills of the game and introduce them to competitive games. **Coaches must be at least 16 years of age and should have at least 2 years of coaching experience.**

### Course Delivery Methods

- **eLearning** – Online course available in The Locker that can be completed on your own time.
- **Home Study** – Self-directed learning that can be completed on your own time and at your own pace. This method includes completing a workbook (PDF or Word Document) and submitting it to a tutor for marking. You have three months to complete a Home Study course.
- **In-person Delivery** – A course that takes place either in a classroom or on the field. Under the current PHO orders, classroom courses are prohibited and therefore not mentioned below.

- **Online Delivery** – A course that takes place at a scheduled time over Zoom (or other online platform). These courses are led by a facilitator and coach participation is required.

**List of courses**

*Safe Sport Requirements*

<b>Course</b>	<b>Delivery Methods</b>	<b>Standard Cost</b>	<b>Time (Approx.)</b>	<b>Notes</b>
Making Ethical Decisions	Home Study Online Delivery	\$70	4 hours	The post-course online evaluation (found in the Locker) is required for Certification.
Making Headway (Concussion training)	eLearning	Free	90 minutes	
CAC Safe Sport Training	eLearning	Free	90 minutes	

*Competition-Introduction Courses*

<b>Course</b>	<b>Delivery Methods</b>	<b>Standard Cost</b>	<b>Time (Approx.)</b>	<b>Notes</b>
Emergency Action Plan	eLearning	Free	15 minutes	This module should be taken prior to Planning a Practice.
Planning a Practice	Home Study Online Delivery	\$70 - 90	5 hours	This course needs to be completed prior to taking the Field Hockey specific course.
Teaching & Learning	Home Study Online Delivery	\$70 - 80	5 hours	This course needs to be completed prior to taking the Field Hockey specific course.
FHC Comp-Intro Course	Online Delivery + On-Field	\$150 - 250	4 x 3 hour online sessions + 1 x 3 hour on- field session	Hosted by FHBC
Basic Mental Skills	Home Study Online Delivery	\$70	4 hours	
Design a Basic Sport Program	Home Study Online Delivery	\$70 - 80	5 hours	
Sport Nutrition	eLearning	\$20	60 minutes	

After successful completion of **all** of the above courses you will have achieved “Trained” status as a Competition-Introduction coach.

### **Evaluation**

To become a Certified Competition-Introduction coach, you will need to successfully complete an evaluation, including a portfolio and on-field assessment.

Coaches must apply to Field Hockey BC to be evaluated.

### **Application**

Interested coaches must complete the following application form by Sunday April 11<sup>th</sup>:

<https://forms.office.com/r/ZpWakQzHfx>

### **Contact Information**

For more information about this coach education opportunity, please contact:

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