

# 2019-20 REGIONAL PROGRAM OVERVIEW

# NORTHWEST U15 GIRLS



## TIMELINE

**Trial Registration:** October 16-30 @noon

**Trial:** November 3, 4:30-6pm @Eric Hamber and  
November 9, 8am-12pm @Richmond Olympic Oval

**Regional Selections:** November 13

**Payment Deadline:** November 27

**Training:** November – April

**Regional Festival:** April 23-26, 2020 (location TBD)

**Provincial Selections:** April 29

## TRAINING

**Time:** target 30 hours of training

**Dates:** typically, Friday and/or Sunday evenings  
from November to April (1.5 – 2 hr sessions)

**Locations:** Eric Hamber (Vancouver),  
Rutledge (West Vancouver)

## PROGRAM COMPONENT

- Technical skills development and fitness training
- Fun game play during the FHBC Regional Festival (spring)
- Potential to be selected to the Provincial Program - **participation in the Regional Festival is mandatory for provincially-eligible athletes**
  - Provincial athlete identification to represent Team BC at the U15 National Championship Tournament
  - Typically, provincial training (30 hours) runs from May to July and National Championships are held in late-July

## REGIONAL PROGRAM LEVY

**Program Cost:** \$695

**Included:** field time, Kukri clothing, education, regional tournament participation, coach and manager honoraria, necessary equipment and medical supplies