Presented by:
FHBC
Hosted at:
Tamanawis Park
Surrey, BC
April 25-28
2019
Train 2 Train
Regional Festival

WELCOME MESSAGES

On behalf of Field Hockey BC, I would like to extend a warm welcome to all of the athletes, coaches, and officials participating in the 2019 Train 2 Train Under 15 Festival at Surrey's Tamanawis Park, including those joining us from Alberta. And a very special "thank you" to the parents, family members, and spectators for your continued support of these young athletes.

This festival is an opportunity for our athletes to showcase, to both their families and their coaches, the skills they have been working on this season - without the pressure of a championship event. And it represents a gathering of the Regional programs as part of our commitment to support the field hockey family throughout the province.

For some, this event may be the next step on their path to represent British Columbia at the National Championships this July in Calgary.

For all, may this program and festival give you lasting positive memories and experience for your life-long field hockey career. Best wishes for a very successful, competitive, safe, and respectful festival. Have fun and good luck!

Alan Waterman – President, Field Hockey BC

WELCOME MESSAGES

Welcome to the 2019 FHBC Train 2 Train Regional Festival!

The T2T Festival is the highlight of FHBC's Regional T2T Program. It brings together 175 of the most talented U15 athletes in the province and is the culmination of many months of technical and fitness training. The T2T Regional Program is part of FHBC's goal to be a leader in delivering high performance and developmental athlete programming that meets the needs of athletes based on the principles of the Long-Term Athlete Development Model (LTAD). FHBC's direct athlete programming provides opportunities for junior athletes to move within the athlete pathway. I would like to extend a special welcome to the players and officials from Team Alberta who are participating in the T2T Festival for the first time ever!

My thanks go to the FHBC staff for organizing this event and to the FHBC staff, coaches, officials and volunteers who work so hard to make the Festival enjoyable for everyone. I would also like to thank all the parents for the hours you spend driving to practices and competitions, giving up your evenings and weekends, trusting your athlete's coaches, and encouraging and believing in your athlete!

My best wishes to all teams, coaches, officials and supporters. I hope you have an enjoyable four days and make many lasting friendships and memories.

Jennifer Taylor – Athlete Program Director, Field Hockey BC

PLAYER PATHWAY

Field Hockey BC delivers comprehensive athlete programs for talented athletes from the Learn 2 Train through to Learn 2 Win stages of the Canadian Long Term Athlete Development framework.

Development Regional Programs
Learn 2 Train (L2T) for ages 10-13
High Performance Regional Programs
Train 2 Train (T2T) for ages 13-15
Train 2 Compete (T2C) for ages 16-18

In a supportive and fun environment, FHBC Athlete Programs are designed:

- To provide focused, quality training and development opportunities to BC's best athletes and coaches; and
- To prepare athletes for selection to the Canadian Junior and Senior National Teams

The 2018-19 Train 2 Train Regional Program was delivered in four FHBC training regions: Mainland Northwest and Southeast, Vancouver Island, and Interior. Over 200 female and male athletes took part in trials and 178 went through to the Regional Program and will be competing in the Regional Tournament. Congratulations to all athletes on your achievements in the 2018-19 season!

LTAD Framework,
Sport for Life Canada.

Train 2 Train Regional Championship 2019
Throughout the Regional Program, athletes participated in weekly training sessions, achieving their fitness standard and working hard to achieve eligibility for both the Festival and the Provincial Program. In 2019, 10 boys and girls teams will display their skill and tactical awareness with the hope of being selected for Team BC. The Festival is a fantastic opportunity for athletes to have fun and learn from different coaches and teammates while showcasing their technical skills developed during the training program.

Team BC Selection
At the Regional Festival, athletes are evaluated by coaches and selectors. The Festival will be the selection point for the Provincial Program and BC teams will represent their province at the National Championship in Calgary, Alberta in July.

2019 NATIONALS

June 29 - July 8, 2019: Surrey, BC

In partnership with Field Hockey Canada, Field Hockey BC is excited to be hosting the U23 and U18 Mens and Womens National Championship Festival from June 29 - July 8, 2019 at Tamanawis Park in Surrey, BC.

The U23 tournament will take place from June 29 - July 1 and the U18 tournament will be held July 3 - July 8. We are thrilled to welcome the top teams from across the country in both the male and female divisions to celebrate our sport in what promises to be a fun and competitive atmosphere!

July 24 - July 28, 2019: Calgary, AB

This year's Boys and Girls U15 National Championship Festival will be hosted by our friends at Field Hockey Alberta from July 24-28, 2019 on their brand new turf at the University of Calgary in Calgary, Alberta.

Field Hockey BC will be sending teams in the male and female divisions to represent our province at the Train 2 Train level.

We look forward to contributing to the growth and development of our sport through both of these National Championship Festivals!

EVENT OFFICIALS

TECHNICAL OFFICIALS:

Sue Demunyck
Katie Jameson
Madge Johnson
Brenda Rushton

JUDGES:

Triena Bryan
Corrie Guraliuk
Mairi Anne Longmore
Sue Robertson
Cindy Sacre
Narinder Sangha
Michelle Savich
Preet Sidhu
Jennifer Taylor

Tournament Director
Sue Jameson

UMPIRES:

Margaux Brand
Ceri Cornwall
Amar Dhesi
Harpreet Jhamat
Tyler Klenk
Brianna Lyseng
Imran Muhammad
Cindy Sacre
Jyothswaroop Sidhu
Maansarovar Sidhu

Umpire Manager
Gillian Batey

ATHLETIC THERAPIST SERVICES:

Gavin Leung
Return to Play Rehabilitation

FIELD HOCKEY BC STAFF:

Melody Haddow
Athlete Program Manager

Julie King
Head Regional Coach

John Sacre
Head Provincial Coach and Performance Manager

Kurt Du Bois
Events and Officials Coordinator

Donna Cumming
Member Services and Communications Coordinator

CONCUSSION POLICY

FHBC Head Injury Protocol - Suspected Concussion:

If a player receives contact to the head or neck area, or sustains a blow that causes significant whiplash to the head:

1. The umpire will stop play and interview the player to detemine if further assessment is needed:
- if yes, then a medical professional will be called onto the field to assess the player
- if no, then play resumes.

2. If a medical professional is summoned onto the field, the determination will be made as to whether it is safe to remove the player from the field of play:
- if yes, then the player will be moved to the medical area for further evaluation
- if no, then the EAP protocol will be activated and EMS called.

3. Once the player has been removed from the field, the medical professional will evaluate the player for signs and symptoms of a concussion (utilising 'Concussion Recognition Tool 5'). The athlete in this case may not return to play for a minimum of five minutes, in order for the HIP assessment to be completed:
- if concussion signs are present, the Head Injury Protocol (HIP) will be initiated to determine grounds for the player's return to play
- if concussion signs are not present, the player can return to play as long as signs do not manifest at a later time.

4. Once the player has been evaluated and removed from play, the athlete cannot return to active play until they have been evaluated and cleared by a Licensed Physician. To this end, the completion and return of an FHBC HIP Medical Appointment Form is required. This form must be returned to the Tournament Director.

5. Concussion Recognition Tool 5' can be found at:

https://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097508CRT5.full.pdf

SCHEDULE

THURSDAY APRIL 25				
9:45	1	**Dragons**	vs	**Crocodiles**
11:15	2	**Tigers**	vs	**Pink Panthers**
12:45	3	**Cheetahs**	vs	**Polar Bears**
2:15	4	**Coyotes**	vs	**Dragons**
3:45	5	**Crocodiles**	vs	**Alberta**
5:15	6	**Tigers**	vs	**Cheetahs**
6:45	7	**Wolves**	vs	**Pink Panthers**
FRIDAY APRIL 26				
8:00	8	**Alberta**	vs	**Coyotes**
9:30	9	**Pink Panthers**	vs	**Polar Bears**
11:00	10	**Crocodiles**	vs	**Wolves**
12:30	11	**Cheetahs**	vs	**Alberta**
2:00	12	**Polar Bears**	vs	**Dragons**
3:30	13	**Coyotes**	vs	**Crocodiles**
5:00	14	**Wolves**	vs	**Tigers**
6:30	15	**Dragons**	vs	**Cheetahs**
SATURDAY APRIL 27				
8:00	16	**Polar Bears**	vs	**Tigers**
9:30	17	**Coyotes**	vs	**Pink Panthers**
11:00	18	**Seahawks**	vs	**Raptors**
12:30	19	**Alberta**	vs	**Dragons**
2:00	20	**Polar Bears**	vs	**Crocodiles**
3:30	21	**Cheetahs**	vs	**Coyotes**
5:00	22	**Alberta**	vs	**Wolves**
6:30	23	**Raptors**	vs	**Seahawks**

All games will be 4 x 15 minute quarters, with 2 minute quarter breaks and 5 minute halftime. Time will be stopped after the award of a penalty corner, but not after a goal is scored.

SCHEDULE

SUNDAY APRIL 28				
8:00	24	Pink Panthers	vs	Cheetahs
9:30	25	Seahawks	vs	Raptors
11:00	26	Wolves	vs	Polar Bears
12:30	27	Tigers	vs	Coyotes
2:00	28	Pink Panthers	vs	Alberta
3:30	29	Raptors	vs	Seahawks
5:00	30	Dragons	vs	Wolves
6:30	31	Crocodiles	vs	Tigers

For live game statistics visit:

fieldhockeybc.altiusrt.com

Follow us for festival content: @FieldHockeyBC

RESPECT PROGRAM

RESPECT is the collective responsibility of everyone involved in field hockey to create a fair, safe, and enjoyable environment in which the game can take place.

Field Hockey BC launched the RESPECT program targeting all levels of the game. The objective of the RESPECT program is to see an improvement in behavior in the game by creating a fair, safe and enjoyable environment for everyone involved. Through ongoing education and awareness, this program is designed to address concerns related to poor coaching practices, abuse of umpires/officials, respect between players, and issues involving spectators and fans on the sidelines.

The RESPECT program targets local, regional, and provincial field hockey programs and events throughout the junior and senior seasons. The program attempts to inspire community clubs and leagues to implement the campaign, and promote positive behaviour within their respective environments.

So what are the first steps to RESPECT success?

RESPECT PROGRAM

There are currently 5 steps to the program:

1. Codes of Conduct
There are Codes of Conduct for all those involved in the game. Players, coaches, team managers, umpires/officials, and spectators/fans (including parents), all have their own codes, which outline what is expected of them. By the 2019/20 season, we expect to see all those involved being invited to sign that they have read, understand and will adhere to the codes.

2. Match-Day Environment
Included in this is the introduction of designated spectator areas. These areas are set back and separated from the team bench/coach education areas where possible. Community Clubs, Leagues, and Event Hosts are encouraged to make the Codes of Conduct visible at their grounds.

3. Captains
Captains are asked to take responsibility for their team and lead by example on the pitch. They should be clearly identifiable and help the umpires/officials by ensuring their teammates focus on playing. For the younger age groups who may not be mature enough to facilitate this, the team Coach is tasked with the responsibility.

4. The Umpires/Officials Manage the Game
Umpires are expected to manage the game and ensure it is played within the rules. In doing so, the objective is to create an environment where potential problems are addressed before they escalate. They are also asked to ensure that teams follow the RESPECT 'Walk on' and handshake protocol.

5. Event Hosting Protocols
Sanctioned field hockey events in BC must adhere to a set of event host protocols designed to advocate RESPECT program objectives. All events must provide for a fair, safe, and enjoyable environment with which to play.

PLEASE HELP US TO CREATE THE BEST POSSIBLE ENVIRONMENT WITH WHICH TO ENJOY OUR GREAT GAME BY SUPPORTING THE RESPECT PROGRAM!

BOYS T2T TEAMS

SEAHAWKS

4	Carson Cheung	LM	15	Karanpaul Tathgur	LM
5	Duncan Ross	LM	16	Declan Cooke	LM
6	Callum Sanders	LM	17	Satpreet Dhadda	LM
7	Vijay Ambwani	LM	18	Jashan Dosanjh	LM
8	Brooklyn Aranha	LM	19	Mehtab Gill	LM
9	Rohan Bandechha	ISL	20	Kavandeep Kalsi	LM
10	Michael Bryan	ISL	21	Sukhmanpreet Singh	LM
11	Abhijeet Gill	LM	22	Sawyer Ross	ISL
12	Noah Louie	LM	*Coach: Jenn Beagan*		
14	Alexander Moore	ISL	*Manager: Jesse Dhadda*		

Goalkeepers: Samuel James, Jamaspreet Singh Dhillon, Joshua Metz

RAPTORS

4	Dryden Bryson	ACD	16	Cole MacDougall	ACD
5	Prabhsimran Dhaliwal	LM	17	Owen Barkhouse Evans	ISL
7	Dylan Antonsen	ISL	18	Jayen Biring	LM
8	Ravi Mehta	LM	19	Sukhdev Gill	LM
9	Kirin Robinson	LM	20	Thomas Jefferson	LM
10	Manvir Sandhu	LM	21	Awais Khan	LM
11	Jaideep Spall	LM	22	Hukum Rai	LM
12	Dominic Wagner	LM	23	Finn Murphy	ISL
13	Benjamin Wheatley	ISL	*Coach: Kent McKinon*		
14	Rakeen Shahriyar	LM	*Manager: Vita MacDougall*		

Goalkeepers: Samuel James, Jamaspreet Singh Dhillon, Joshua Metz

GIRLS T2T TEAMS

GOALKEEPERS

GK	Summer Bremner	WVA	GK	Robyn Goh	NVA
GK	Anais Chace	VIC	GK	Helena McGee	SE
GK	Navjot Dhillon	SE	GK	Casey Tucker	DUN

ALBERTA

1	Chloe Smith	AB	16	Abigail McWilliams	AB
2	Maddie Skeen	AB	17	Sophie Anderson	AB
3	Elena Esposito	AB	19	Olivia Zaccagnini	AB
4	Esther Choi	AB		Meghan Rudd	
6	Victoria Zaccagnini	AB			
7	Ella Bremner	AB	*Coach: Sharon Bhola*		
8	Hannah Ward	AB	*Coach: Roel van Maastrigt*		
10	Hazel Taylor	AB	*Coach: Jose Esposito-Festen*		
11	Cat Meilleur	AB	*Coach: Troy Grimm*		
15	Gracie Grimm	AB			

GIRLS T2T TEAMS

CHEETAHS

3	Danika Adelborg	DUN	14	Madison Ketch	DUN
4	Emma Powell	DUN	15	Maya Doman	DUN
5	Jessalyn Fielden-Diaczuk	DUN	19	Peyton Luxmoore	DUN
6	Ella Goodman	DUN	20	Natalie McKay	DUN
7	Isabella Green	DUN	21	Piper Douglas	DUN
9	Jayden Novak	DUN	22	Eddie-Lee Elliot	DUN
10	Kylene Bhopal	DUN			
11	Alyson Denis	DUN	*Coach: Kyla Kirby*		
12	Hannah Doman	DUN	*Manager: Heather Goodman*		
13	Kaylie Estey	DUN			

COYOTES

3	Maya Djurickovic	VIC	14	Eva Cuddihy	VIC
4	Monet Thurbide	VIC	15	Mya Goodmanson	VIC
5	Ella Delichte	VIC	19	Lauren Fracy	VIC
6	Annabel Howard	VIC	20	Shona Sinclair	VIC
7	Madison Hunter	VIC	21	Olivia Watkin	VIC
8	Allegra Nelson	VIC	22	Ines Tang Ciccateri	VIC
9	Rebecca Stone	VIC			
10	May Basbaum	VIC	*Coach: Kat Leahy*		
11	Julia Berk	VIC	*Manager: Milena Gaiga*		
13	Maeve Connorton	VIC			

GIRLS T2T TEAMS

CROCODILES

3	Ella O'Neill	NVA	13	Sophia Purves	NVA
4	Halle Trieu	NVA	14	Maelle Shandro	NVA
5	Riley Brown	NVA	19	Sydney Wilson	NVA
6	Lindsey Hills	NVA	20	Stella Windsor Zed	NVA
7	Kaitlyn Pennefather	NVA	21	Kaya Davis	SE
8	Megan Schienbein	NVA	*22*	Priya Kaila	SE
9	Caitlin Veuger	NVA			
10	Coral Anderson	NVA	*Coach: Andrea Gibson*		
11	Solana Cooper	NVA	*Coach: Peter Taylor*		
12	Bridget Loken	NVA	*Manager: Laurel Douglas*		

DRAGONS

4	Grace Clokie	WVA	14	Kiana Rahmatian	WVA
5	Amelia Davison	WVA	15	Natalie Brown	WVA
6	Celina Garavelli	WVA	16	Chloe Charles	WVA
7	Naomi Kagna	WVA	17	Taylor Mason	WVA
8	Milan Meneguzzi	WVA	19	Abby Vidas	WVA
9	Portia Tammen	WVA	22	Kaira Yoshida	WVA
10	Audrey Davidson	WVA			
11	Armita Farghadani	WVA	*Coach: Geoff Matthews*		
12	Jade Hirji	WVA	*Manager: Rhonda and Elliott Kagna*		
13	Ashleigh Palcic	WVA			

GIRLS T2T TEAMS

PINK PANTHERS

3	Julia Bird	NVA	13	Mairen Madill	NVA
4	Nicole Ward	NVA	14	Abby Thompson	NVA
5	Lucy Delmotte	NVA	17	Isabella Budd	WVA
6	Talia Khazei	NVA	19	Karis Dunbar	NVA
7	Charlotte Rantz	NVA	20	Soleil McFarlane	NVA
8	Rhys Thomson	NVA	22	Chloe Young	NVA
9	Olivia Young	NVA	23	Inika Sran	SE
10	Hannah Chalmers	NVA	*Coach: Jenn Beagan*		
11	Molly Garnham	NVA	*Coach: Nicky Graham*		
12	Grace Howard	NVA	*Manager: Nicky Delmotte*		

POLAR BEARS

3	Katie Bentley	VIC	17	Arden Ross	VIC
4	Julia Boraston	VIC	19	Natasha Knight	VIC
5	Zara-Inez Kum	VIC	22	Beatrix White	VIC
6	Charlotte Lee	VIC	23	Laighton Grahame-McMullan	VIC
7	Bronte Thurbide	VIC	24	Keira Ho	VIC
8	Katelin Won	VIC			
9	Shyana Ringma	VIC			
11	Maia Lawrence	VIC	*Coach: Andy Rushton*		
12	Maryn Unger	VIC	*Manager: Cathy Boraston*		
14	Ruth McGill	VIC			

GIRLS T2T TEAMS

TIGERS

3	Anisha Purewal	SE	14	Grace Hodges	SE
4	Daliya Shahriyar	SE	16	Caitlin Magura	SE
5	Sydney Bojic	SE	19	Maddy Holub MacDonald	SE
6	Taylor Katsube	SE	20	Malvika Kahlon	SE
7	Kiana McDonald	SE	21	Malika Kahlon	SE
8	Reanna Rundhawa	SE	22	Lachlan Sanders	SE
9	Ajeet Sekhon	SE	23	Harnoor Saran	SE
10	Jaime Alexander	SE	*Coach: Dani Lacroix*		
11	Emma Allen	SE	*Coach: Alicia Pereira*		
12	Ahria Dhillon	SE	*Manager: Erin de Sousa*		

WOLVES

3	Charlize Kan	NW	13	Frances Tulk	NW
4	Brooklyn Widdess	INT	14	Zoe Mak	NW
5	Stella Goddard-Despot	NW	16	Leah Herndier	NW
6	Katherine Gibb	NW	17	Adrienne Horan	NW
7	Zoe Furber	NW	19	Stella Malinowski	NW
8	Maya Sontz	NW	21	Nicole Marinakis	NW
9	Evelyn Lee	SE	23	Jasmine Sanghera	SE
10	Wynn Brown	NW			
11	Chantal Eiwanger	NW	*Coach: Kate Perry*		
12	Shannon Stelling	NW	*Manager: Karen DeRosa*		

UPCOMING EVENTS

VANCOUVER INTERNATIONAL TOURNAMENT

May 17-20 **Burnaby Lake Sport Complex**

CLUB CHAMPIONSHIPS & FESTIVALS		
L2T (U13) Boys	June 1 - 2	Burnaby Lake
L2T (U13) Girls	June 1 - 2	Burnaby Lake
T2T (U15) Boys	June 8 - 9	Hamber
T2T (U15) Girls	June 15 - 16	Victoria
T2C (U18) Boys	May 10 - 12	Surrey
T2C (U18) Girls	May 10 - 12	Surrey

PERFORMANCE TOURNAMENTS & TRIALS		
Men's T2W (U23) Trial	May 25	Tamanawis Park, Surrey
Women's T2W (U23) Trial	May 26	Eric Hamber, Vancouver

FHBC FOUNDATION

Field Hockey BC is proud to once again promote the valuable work of the 'Field Hockey BC Foundation' in support of the development and growth of Field Hockey across British Columbia.

The Field Hockey BC Foundation is the philanthropic arm of the Registered Society 'Field Hockey BC' and has been created in partnership with the well respected 'Vancouver Foundation'. Designed to provide legacy support for the development and growth of Field Hockey across BC. Launched in the summer of 2013, the Field Hockey BC Foundation currently has invested capital totaling $170,000 with the Society's short-term goal to reach $200,000 by the end of the 2019 Calendar year.

Field Hockey BC's partnership with the 'Vancouver Foundation' not only offers security and favorable rates of return, but enables donors to receive Tax Receipts, as well as, the opportunity to create their own Legacy Fund.

Make a tax deductible donation today at

www.fhbcfoundation.com

PARTNERS

Supported by the Province of British Columbia

Field Hockey BC acknowledges the financial support of the Province of British Columbia

Photography: Chris Wilson, Island Wave Photography
https://www.islandwavephotography.com/

Follow us on social media for tournament content!

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For live game statistics, visit:
fieldhockeybc.altiusrt.com

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FHBC