

Target: 36-40 hours

**TRAINING SCHEDULE 2018-19: SOUTHEAST REGION (GIRLS)**

Training schedules are subject to change and could be affected by weather, field availability or other factors. Training hours may occur during holidays.

2018	Date	Time	T2T/T2C	Venue	Notes
Sunday	16-Sep	5-7pm	T2T U15	Tamanawis, Surrey	TRIAL & Fitness Test #1
		7-9pm	T2C U18		
Sunday	14-Oct	6-7pm	T2C U18	Tami Sec. School Library	Athlete Intake
		7-9pm		Tami1	
Sunday	21-Oct	7-9pm	T2C U18	Tami1	
Sunday	28-Oct	4-5pm	T2T U15	Tami Sec. School Cafeteria	Athlete Intake
		5-7pm		Tami1	
Sunday	4-Nov	5-7pm	T2T U15	Tami1	
Fri-Sun November 9-11			No training		
Friday	16-Nov	730-930pm	T2C U18	Tami1	
Sunday	18-Nov	5-7pm	T2T U15	Tami1	
		7-9pm	T2C U18	Tami1	
Friday	23-Nov		No training		rest
Saturday	24-Nov	8-12pm	T2T U15	Richmond Oval	Fitness Test #2
		12-4pm	T2C U18		
Sunday	25-Nov	7-9pm	T2C U18	Tami1	
Friday	30-Nov	<del>730-830pm</del> 930pm	T2C U18	Tami1	
Sunday	2-Dec	5-7pm	T2T U15	Tami1	
		<del>7-9pm</del>	<del>T2C U18</del>	<del>Tami1</del>	cxld
Friday	7-Dec	<del>730-930pm</del>	<del>T2C U18</del>	<del>Tami1</del>	cxld
Sunday	9-Dec	5-7pm	<del>T2T U15</del>	<del>Tami1</del>	FMS cxld
		7-9pm	<del>T2C U18</del>	<del>Tami1</del>	FMS cxld
Friday	14-Dec	<del>730-930pm</del>	<del>T2T U15</del>	<del>Tami1</del>	cxld
2019	Date	Time	T2T/T2C	Venue	Notes
Friday	11-Jan	730-930pm	T2C U18	Tami 1	
Sunday	13-Jan	5-7pm	T2T U15	Tami 1	Fitness Test #3
		7-9pm	T2C U18	Tami 1	
Friday	18-Jan	730-930pm	T2C U18	Tami 1	
Sunday	20-Jan	5-7pm	T2T U15	Tami 1	FMS
		7-9pm	T2C U18	Tami 1	FMS
Friday	25-Jan	730-930pm	T2C U18	Tami 1	new!
Sunday	27-Jan	5-7pm	T2T U15	Tami 1	
		7-9pm	T2C U18	Tami 1	
Friday	1-Feb	730-930pm	T2C U18	Tami 1	
Sunday	3-Feb	5-7pm	<del>T2T U15</del>	<del>Tami 1</del>	Fitness Test #4 – all U15
		7-9pm	<del>T2C U18</del>	<del>Tami 1</del>	Fitness Test #4 – all U18
Friday	8-Feb	730-930pm	T2C U18	Tami 1	new!
		5-7pm	T2T U15	Tami 1	Fitness Test #4 - all U15

Sunday	10-Feb	7-9pm	T2C U18	Tami 1	Fitness Test #4 - all U18
Fri-Sun February 15-17 No Training					
Friday	22-Feb	730-930pm	T2T U15	Tami 1	
Sunday	24-Feb	5-7pm	T2T U15	Tami 1	
		7-9pm	T2C U18	Tami 1	
Friday	1-Mar	730-930pm	T2C U18	Tami 1	new!
Sunday	3-Mar	7-9pm	T2T U15	Tami 1	
Wed	6-Mar	*U18 Tournament Teams to be announced by Wed., March 6th			
Friday	8-Mar				
Sunday	10-Mar	5-7pm	T2T U15	Tami 1	
		7-9pm	T2C U18	Tami 1	Team 1
		7-9pm	T2C U18	Tami 2	Team 2
Wed	13-Mar	*U15 Festival Teams to be announced by Wed., March 13th			
Friday	15-Mar	730-930pm	T2C U18	Tami 1	Team 1
			T2C U18	Tami 2	Team 2
Sunday	17-Mar	5-7pm	T2T U15	Tami 1	Team 1
		5-7pm	T2T U15	Tami 2	Team 2
Fri-Sun March 22-24 No Training					
Fri-Sun March 29-31 No Training					