

Target: 36-40 hours

TRAINING SCHEDULE 2018-19: MAINLAND REGION (BOYS)

Training schedules are subject to change and could be affected by weather, field availability or other factors. Training hours may fall on holidays.

| 2018 | Date | Time | T2T/T2C | Venue | Notes |
|------------------------|--------|-----------|-------------|----------------------------|-------------------------|
| Sunday | 30-Sep | 5-7pm | T2T U15 | Tamanawis, Surrey | TRIAL & Fitness Test #1 |
| | | 7-9pm | T2C U18 | | |
| Friday | 12-Oct | 730-930pm | T2C U18 | Tami 1 | |
| Sunday | 14-Oct | 5-7pm | T2T U15 | Tami 1 | |
| | | 630-830pm | T2C U18 | Hamber | |
| Friday | 19-Oct | 730-930pm | T2C U18 | Tami 1 | |
| Sunday | 21-Oct | 4-5pm | | Tami Sec. School Cafeteria | Athlete Intake |
| | | 5-7pm | T2T U15 | Tami 1 | |
| | | 630-830pm | T2C U18 | Hamber | |
| Friday | 26-Oct | 730-930pm | T2C U18 | Tami 1 | |
| Sunday | 28-Oct | 5-7pm | T2T U15 | Tami 2 | |
| | | 7-9pm | T2C U18 | Tami 1 | |
| Friday | 2-Nov | 730-930pm | T2C U18 | Tami 1 | |
| Sunday | 4-Nov | 5-7pm | T2T U15 | Tami 2 | |
| | | 7-9pm | T2C U18 | Tami 1 | |
| Friday | 9-Nov | 730-930pm | T2C U18 | Tami 1 | |
| Sunday | 11-Nov | 5-7pm | T2T U15 | Tami 1 | |
| | | 7-9pm | T2C U18 | Tami 1 | |
| Friday | 16-Nov | | | | |
| Sunday | 18-Nov | 5-7pm | T2T U15 | Tami 2 | |
| Friday | 23-Nov | | | | REST |
| Saturday | 24-Nov | 8-12pm | T2T U15 | Richmond Oval | |
| | | 12-4pm | T2C U18 | | |
| Sunday | 25-Nov | 5-7pm | T2T U15 | Tami 1 | |
| | | 630-830pm | T2C U18 | Hamber | |
| Sunday | 2-Dec | 5-7pm | T2T U15 | Tami 2 | |
| | | 630-830pm | T2C U18 | Hamber | |
| 2019 | Date | Time | T2T/T2C | Venue | Notes |
| Sunday | 13-Jan | 5-7pm | T2T U15 | Tami 2 | |
| Friday | 18-Jan | 7-9pm | T2T U15 | Tami 2 | |
| Sunday | 20-Jan | 430-630pm | T2T U15 | Hamber | Fitness Test #3 |
| | | 630-830pm | T2C U18 | Hamber | |
| Friday | 25-Jan | 730-930pm | T2C U18 | Tami 2 | no training |
| Sunday | 27-Jan | 430-630pm | T2T U15 | Hamber | no training |
| Friday | 1-Feb | 8-930pm | T2C U18 | Hamber | FMS |
| Sunday | 3-Feb | 430-630pm | T2T U15 | Hamber | FMS |
| Friday | 8-Feb | 8-930pm | T2C U18 | Hamber | no training |
| Sunday | 10-Feb | 430-630pm | T2T U15 | Hamber | Fitness Test #4 |
| | | 630-830pm | T2C U18 | Hamber | |
| Fri-Sun February 15-17 | | | No training | | |

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|---------------------------------|--------|--|---------|--------|--------|
| Friday | 22-Feb | 8-930pm | T2C U18 | Hamber | tbc |
| Sunday | 24-Feb | 430-630pm | T2T U15 | Hamber | new! |
| Friday | 1-Mar | 8-930pm | T2C U18 | Hamber | |
| Sunday | 3-Mar | 5-7pm | T2T U15 | Tami 1 | |
| | | 630-830pm | T2C U18 | Hamber | tbc |
| Wed | 6-Mar | *U18 Tournament Teams to be announced by Wed., March 6th | | | |
| Friday | 8-Mar | 730-930pm | T2C U18 | Tami 1 | Team 1 |
| | | 730-930pm | T2C U18 | Tami 2 | Team 2 |
| | | tbc | T2C U18 | tbc | tbc |
| Sunday | 10-Mar | 430-630pm | T2T U15 | Hamber | |
| Wed | 13-Mar | *U15 Festival Teams to be announced by Wed., March 13th | | | |
| Friday | 15-Mar | No training | | | |
| Sunday | 17-Mar | 430-630pm | T2T U15 | Hamber | Team 1 |
| | | | T2C U18 | Tami 1 | Team 1 |
| | | 7-9pm | T2C U18 | Tami 2 | Team 2 |
| | | tbc | T2C U18 | tbc | tbc |
| Fri-Sun March 22-24 No Training | | | | | |
| Fri-Sun March 29-31 No Training | | | | | |