

TRAINING SCHEDULE 2018-19: NORTHWEST REGION (GIRLS)

Training schedules are subject to change and could be affected by weather, field availability or other factors. Cancelled hours will be rescheduled when possible and may fall on holidays.

2018	Date	Time	T2T/T2C	Venue	Notes
Sunday	23-Sep	430-630pm	T2T U15	Hamber, Vancouver	TRIAL & Fitness Test #1
		630-830pm	T2C U18		
Sunday	14-Oct	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Sunday	21-Oct	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Sunday	28-Oct	830-10pm	T2C U18	Rutledge, WV	
Sunday	4-Nov				
Fri-Sun November 9-11 No Training					
Friday	16-Nov				
Sunday	18-Nov	630-830pm	T2C U18	Hamber	
Friday	23-Nov				REST
Saturday	24-Nov	8-12pm	T2T U15	Richmond Oval	Fitness Test #2
		12-4pm	T2C U18		
Sunday	25-Nov	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Friday	30-Nov				
Sunday	2-Dec	430-630pm	T2T U15	Hamber	FMS
		830-10pm	T2C U18	Rutledge, WV	
Friday	7-Dec				
Sunday	9-Dec	830-10pm	T2C U18	Rutledge, WV	cxld
2019	Date	Time	T2T/T2C	Venue	Notes
Sunday	13-Jan	6-8pm	T2T U15	Rutledge, WV	Fitness Test #3
		7-9pm	T2C U18	Rutledge, WV	
Friday	18-Jan	6-8pm	T2C U18	Rutledge, WV	FMS
Sunday	20-Jan	6-8pm	T2T U15	Rutledge, WV	
		7-9pm	T2C U18	Rutledge, WV	
Friday	25-Jan	6-8pm	T2T U15	Rutledge, WV	
Sunday	27-Jan	630-830pm	T2T U15	Hamber	
		7-9pm	T2C U18	Rutledge, WV	
Friday	1-Feb	6-8pm	T2C U18	Rutledge, WV	
Sunday	3-Feb	6-8pm	T2T U15	Rutledge, WV	Fitness Test #4
		7-9pm	T2C U18	Rutledge, WV	
Friday	8-Feb	6-8pm	T2T U15	Rutledge, WV	
Sunday	10-Feb	6-8pm	T2T U15	Rutledge, WV	
		7-9pm	T2C U18	Rutledge, WV	
Fri-Sun February 15-17 No Training					
Friday	22-Feb	6-8pm	T2C U18	Rutledge, WV	HOLD
Sunday	24-Feb	630-830pm	T2T U15	Hamber	
		7-9pm	T2C U18	Rutledge, WV	

Friday	1-Mar	6-8pm	T2T U15	Rutledge, WV	
Sunday	3-Mar	430-630pm	T2T U15	Hamber	
		7-9pm	T2C U18	Rutledge, WV	
Friday	8-Mar	6-8pm	T2T U15	Rutledge, WV	HOLD
		8-930pm	T2C U18	Hamber	
Sunday	10-Mar	630-830pm	T2T U15	Hamber	
		6-8pm	T2C U18	Rutledge, WV	Team 1
		7-9pm	T2C U18		Team 2
Friday	15-Mar	6-8pm	T2T U15	Rutledge, WV	HOLD
Sunday	17-Mar	630-830pm	T2C U18	Hamber	Team 1
		7-9pm	T2C U18	Rutledge, WV	Team 2
Fri-Sun March 22-24 No Training					
Fri-Sun March 29-31 No Training					