

**2018-19 Learn 2 Train Regional  
Program**



**Cowichan Boys & Girls**

<b>DATE</b>	<b>Day</b>	<b>TIME</b>	<b>Venue</b>	<b>Hours</b>
14-Oct	Sunday	4:30-5:30pm	Cowichan - small field	1
21-Oct	Sunday	no session		X
28-Oct	Sunday	4:30-5:30pm	Cowichan - small field	1
4-Nov	Sunday	4:30-5:30pm	Cowichan - small field	1
11-Nov	Sunday	4:30-5:30pm	Cowichan - small field	1
18-Nov	Sunday	4:30-5:30pm	Cowichan - small field	1
25-Nov	Sunday	4:30-5:30pm	Cowichan - small field	1
<b>2019</b>				
3-Feb	Sunday	4:30-5:30pm	Cowichan - small field	1
10-Feb	Sunday	4:30-5:30pm	Cowichan - small field	1
17-Feb	Sunday	Family day holiday weekend - no training		
24-Feb	Sunday	4:30-5:30pm	Cowichan - small field	1
3-Mar	Sunday	4:30-5:30pm	Cowichan - small field	1
10-Mar	Sunday	4:30-5:30pm	Cowichan - small field	1
17-Mar	Sunday	4:30-5:30pm	Cowichan - small field	1