

**2018-19 Learn 2 Train Regional
Program**



Cowichan Boys & Girls

DATE	Day	TIME	Venue	Hours
14-Oct	Sunday	4:30-6pm	Cowichan - small field	1.5
21-Oct	Sunday	no session		x
28-Oct	Sunday	4:30-6pm	Cowichan - small field	1.5
4-Nov	Sunday	4:30-6pm	Cowichan - small field	1.5
11-Nov	Sunday	4:30-6pm	Cowichan - small field	1.5
18-Nov	Sunday	4:30-6pm	Cowichan - small field	1.5
25-Nov	Sunday	4:30-6pm	Cowichan - small field	1.5
2019				
3-Feb	Sunday	4:30-6pm	Cowichan - small field	1.5
10-Feb	Sunday	4:30-6pm	Cowichan - small field	1.5
17-Feb	Sunday	Family day holiday weekend - no training		
24-Feb	Sunday	4:30-6pm	Cowichan - small field	1.5
3-Mar	Sunday	4:30-6pm	Cowichan - small field	1.5
10-Mar	Sunday	4:30-6pm	Cowichan - small field	1.5
17-Mar	Sunday	4:30-6pm	Cowichan - small field	1.5