

Target: 36-40 hours					
TRAINING SCHEDULE 2018-19: NORTHWEST REGION (GIRLS)					
Training schedules are <u>subject to change</u> and could be affected by weather, field availability or other factors. Cancelled hours will be rescheduled when possible and may fall on holidays.					
2018	Date	Time	T2T/T2C	Venue	Notes
Sunday	23-Sep	430-630pm	T2T U15	Hamber, Vancouver	TRIAL & Fitness Test #1
		630-830pm	T2C U18		
Sunday	14-Oct	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Sunday	21-Oct	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Sunday	28-Oct	830-10pm	T2C U18	Rutledge, WV	
Sunday	4-Nov				no training
Fri-Sun November 9-11 No Training					
Friday	16-Nov				
Sunday	18-Nov	630-830pm	T2C U18	Hamber	
Friday	23-Nov				REST
Saturday	24-Nov	8-12pm	T2T U15	Richmond Oval	Fitness Test #2
		12-4pm	T2C U18		
Sunday	25-Nov	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Friday	30-Nov				
Sunday	2-Dec	430-630pm	T2T U15	Hamber	
		830-10pm	T2C U18	Rutledge, WV	
Friday	7-Dec				
Sunday	9-Dec	830-10pm	T2C U18	Rutledge, WV	