

FITNESS & EDUCATION @THE RICHMOND OVAL

SUNDAY, May 13, 2018

	UPSTAIRS			DOWNSTAIRS
	YO YO Court 9	SPRINT/Jump/ Reach tests	FMS Ed. Court 10	Concussion Ed. Rm. 1054
730am	7:30am Check-in on ground floor			
8am	U18 Gr 1	U18 Gr 2	U18 Gr 3	U18 Gr 4
9:00am	U18 Gr 4	U18 Gr 1	U18 Gr 2	U18 Gr 3
10am	U18 Gr 3	U18 Gr 4	U18 Gr 1	U18 Gr 2
11am	U18 Gr 2	U18 Gr 3	U18 Gr 4	U18 Gr 1
12pm	12pm Check-in on ground floor			
1230pm	U15 Gr 5	U15 Gr 6	U15 Gr 7	U15 Gr 8
130pm	U15 Gr 8	U15 Gr 5	U15 Gr 6	U15 Gr 7
230pm	U15 Gr 7	U15 Gr 8	U15 Gr 5	U15 Gr 6
330pm	U15 Gr 6	U15 Gr 7	U15 Gr 8	U15 Gr 5

U18 Gr 1	U18 Girls Rams
U18 Gr 2	U18 Girls Lions + Reserves
U18 Gr 3	U18 Boys Rams
U18 Gr 4	U18 Boys Lions + Reserves
U15 Gr 5	U15 Girls Rams
U15 Gr 6	U15 Girls Lions + Reserves
U15 Gr 7	U15 Boys Rams
U15 Gr 8	U15 Boys Lions + Reserves