

# FITNESS & EDUCATION @THE RICHMOND OVAL

## SUNDAY, May 13, 2018

	UPSTAIRS			DOWNSTAIRS
	YO YO Court 9	SPRINT/Jump/ Reach tests	FMS Ed. Court 10	Concussion Ed. Rm. 1054
730am	<b>7:30am Check-in on ground floor</b>			
8am	U18 Gr 1	U18 Gr 2	U18 Gr 3	U18 Gr 4
9:00am	U18 Gr 4	U18 Gr 1	U18 Gr 2	U18 Gr 3
10am	U18 Gr 3	U18 Gr 4	U18 Gr 1	U18 Gr 2
11am	U18 Gr 2	U18 Gr 3	U18 Gr 4	U18 Gr 1
12pm	<b>12pm Check-in on ground floor</b>			
1230pm	U15 Gr 5	U15 Gr 6	U15 Gr 7	U15 Gr 8
130pm	U15 Gr 8	U15 Gr 5	U15 Gr 6	U15 Gr 7
230pm	U15 Gr 7	U15 Gr 8	U15 Gr 5	U15 Gr 6
330pm	U15 Gr 6	U15 Gr 7	U15 Gr 8	U15 Gr 5

<b>U18 Gr 1</b>	U18 Girls Rams
<b>U18 Gr 2</b>	U18 Girls Lions + Reserves
<b>U18 Gr 3</b>	U18 Boys Rams
<b>U18 Gr 4</b>	U18 Boys Lions + Reserves
<b>U15 Gr 5</b>	U15 Girls Rams
<b>U15 Gr 6</b>	U15 Girls Lions + Reserves
<b>U15 Gr 7</b>	U15 Boys Rams
<b>U15 Gr 8</b>	U15 Boys Lions + Reserves