

TRAINING SCHEDULE 2017-2018: ISLAND REGIONAL ATHLETES						Boys		GIRLS			
Training schedules are subject to change and could be affected by weather, turf availability or other factors. Cancelled hours will be rescheduled wherever possible and may fall on a holiday.						ISLAND BOYS		VICTORIA		DUNCAN	
						U15 ISL BOYS	U18 ISL BOYS	U15 VIC GIRLS	U18 VIC GIRLS	U15 DUN GIRLS	U18 DUN GIRLS
2017	Date	Time	Squad	Field	Notes	T2T Hrs	T2C Hrs	T2T Hrs	T2C Hrs	T2T Hrs	T2C Hrs
Friday	20-Oct	6-8:30pm	Boys & U18 Girls	UVIC	Fitness Test #1	Trial			Trial		Trial
Sunday	29-Oct	10am-12:30pm	U15 Girls	Duncan	Fitness Test #1			Trial		Trial	
Friday	1-Dec	6-8pm	U18	UVIC	cxld		cxld		cxld		cxld
Sunday	3-Dec	9-11am	Victoria athletes	UVIC	Fitness Test #2	2	2	2	2		
Friday	8-Dec	6-8pm	U18	UVIC			2		2		2
2018	Date	Time	Squad	Field	Notes	T2T Hrs	T2C Hrs	T2T Hrs	T2C Hrs	T2T Hrs	T2C Hrs
Friday	12-Jan	6-8pm	U15/18	UVIC McKinnon Class 150	classroom			2	2		
		6-8pm	U15/18	Tansor Elementary	Fitness Test #2					2	2
Sunday	14-Jan	630-830pm	Boys	UVIC	Fitness Test #2	2	2				
Friday	19-Jan	6-8pm	U15/18	UVIC				2	2		
			U15/18	Cow					2	2	
Sunday	21-Jan	630-830pm	Boys	UVIC		2	2				
Friday	26-Jan	6-8pm	U15/18	UVIC				2	2		
			U15/18	Cow						2	2
Sunday	28-Jan	630-830pm	Boys	UVIC		2	2				
Friday	2-Feb	6-8pm	U15/18	UVIC				2	2		
			U15/18	Cow						2	2
Sunday	4-Feb	630-830pm	Boys	UVIC		2	2				
Friday	9-Feb	6-8pm	U15/18	UVIC				2	2		
		6-8pm	U15/18	Cow	turf closed					x	x
Sunday	11-Feb	630-830pm	Boys	UVIC		2	2				
Friday	16-Feb	6-8pm	U15/18	UVIC				2	2		
			U15/18	Cow						2	2
Sunday	18-Feb	630-830pm	Boys	UVIC		2	2				
Friday	23-Feb	1-3pm	U18	UVIC					2		
			U18	Cow							2
		6-8pm	U15/18	UVIC	Yo Yo Test				2	2	
			U15/18	Cow	Yo Yo Test					2	2
Sunday	25-Feb	630-830pm	Boys	UVIC	Yo Yo Test	2	2				

Friday	2-Mar	6-8pm	U15/18	UVIC				2	2			
Sunday	4-Mar	630-830pm	Boys	UVIC	Yo Yo Test					2	2	
Friday	9-Mar	6-8pm	U15/18	UVIC				2	2			
Friday	9-Mar	6-8pm	U15/18	Cow						2	2	
Sunday	11-Mar	630-830pm	Boys	UVIC		2	2					
Sunday	11-Mar	6-8pm	U15/18	Cow						x	x	
Friday	16-Mar	6-8pm	U15/18	UVIC				2	2	x	x	
Sunday	18-Mar		No Training				x	x	x	x	x	x
Friday	23-Mar		No Training				x	x	x	x	x	x
Sunday	25-Mar	6-8pm	U15/18	Cow		x	x	x	x	2	2	
Friday	30-Mar	12-2pm/430-630pm	Boys	UVIC		4	4					
		10-12pm/230-430pm	U15/18	UVIC	Yo Yo Test			4	4			
		10-12pm/230-430pm	U15/18	Cow						4	4	
Saturday	31-Mar	6-8pm	U15/18	UVIC	new!	2	2					
Sunday	1-Apr	630-830pm	Boys	UVIC		2	2					
Monday (holiday)	2-Apr	10-12pm/230-430pm	U15 Vic/Dun	UVIC				4		4		
		12-2pm/430-630pm	Boys									
		10-12pm/230-430pm	U18 Vic/Dun	Cow								
Friday	6-Apr	6-8pm	U15/18	UVIC				2	2			
Friday	6-Apr	6-8pm	U15/18	Cow						2	2	
Sunday	8-Apr	630-830pm	Boys	UVIC		2	2					
Sunday	8-Apr	6-8pm	U15/18	Cow	new!					2	2	
Friday	13-Apr	6-8pm	U15	UVIC	T2C Tournie April 13-15		Tournie!	2	Tournie!	2	Tournie!	
Sunday	15-Apr	630-830pm	Boys	UVIC		2						
Friday	20-Apr	6-8pm	U15	Cow				2		2		
Sunday	22-Apr	630-830pm	Boys	UVIC		2						
Friday	27-Apr	6-8pm	U15	Cow				2		2		
Sunday	29-Apr	630-830pm	Boys	UVIC		2						
Fri-Sun	May 4-6	T2T Festival, Tamawanis Park, Surrey			T2T Fest May 4-6	Fest!		Fest!		Fest!		

*T2C Tournament April 13-15, Surrey

*T2T Festival May 4-6, Surrey

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