



Regional Programs 2017-2018
Train 2 Train U15: athletes born 2003, 2004, 2005
Train 2 Compete U18: athletes born 2000, 2001, 2002

The female T2T and T2C Regional Programs will be offered in the following BC regions:

- Northwest
- Southeast
- Island
- Interior

1. Eligibility & Trial

Athletes are eligible by birth year (above).

Trial fee: \$10 per athlete/\$20 for Island athletes (payable online at registration)

Selections: posted by the Wednesday following the trial on the FHBC website.

Selected athletes will complete an Athlete Agreement and submit payment by the given deadline.

Payment deadlines will be communicated to all participating athletes.

See [Trials & Tournaments](#)

2. Coaching

The program will be led by certified Field Hockey BC coaches. Coaches are appointed by FHBC Provincial Coach & Performance Manager.

Field Hockey BC Coaching Team	
Susan Ahrens, FHBC Provincial Coach & Performance Manager	susan@fieldhockeybc.com
Julie King, FHBC Mainland Regional Head Coach	julie@fieldhockeybc.com
Krista Thompson, FHBC Island Regional Head Coach	Krista23@telus.net

3. Training

The Regional Program aims for 20-40 hours (depending on the region) which includes outdoor and indoor training, education, sport science, functional movement and more! Training typically takes place for 1.5-2 hours per session once or twice per week on a Friday and/or Sunday evening.

See [Training Schedules](#)

4. TOURNAMENTS

Division	Regional Program		Provincial Program (by selection)	
	Regional (BC)		National	
U15 T2T	May 4-6	Surrey	July 2018	Ontario
U18 T2C	April 13-15	Mainland	July 2018	Ontario
U23 L2W	Not applicable		July 2018	Ontario

Please see [Players – Trials & Tournaments](#)

5. Timeline

September 2017

- Registration opens for Northwest, Southeast, Island
- Regional trials for Northwest, Southeast

October 2017

- Regional trials for Island

November 2017

- Regional training begins (NW, SE, ISL)

December 2017

- Registration opens for Interior athletes
- Break for Christmas/New Year

January/February/March 2018

- Interior Regional Program trials, selections and program start
- Training and tournament preparation for regional athletes

April 2018

- **T2C U18 Regional Tournament**

May 2018

- **T2T U15 Regional Festival**
- Provincial training begins

June 2018

- India Club Tournament, Surrey BC

July 2018

- NATIONAL U15/18/23 TOURNAMENT: July 12-22, location - Ontario

6. Program Levy

T2T \$625 (mainland & island), \$365 (Interior)

T2C \$680 (mainland & island), \$420 (Interior)

Regional levy includes: coach honouraria, facility rental, Kukri training pinnie, tournament socks, the Regional Tournament, equipment, medical supplies, FHBC contribution, athlete travel subsidy.

Does not include: Tournament food or accommodation

Provincial levy includes: coach honouraria, facility rental, Kukri playing jersey and travel uniform, India Club Tournament, Championship Tournament (includes flights & accommodation when traveling out-of-province), equipment, medical supplies, FHBC contribution, and athlete travel subsidy (training).

Does not include: Tournament food or accommodation

The program levy may differ from year to year based on the number of athletes involved in programming, the number and level of coaches, grant funding opportunities and other factors.

Questions? Please contact Melody Haddow, FHBC Athlete Program Manager:

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Thank you!