

**2017 Learn to Train Regional Program:**

athletes born 2004-2007

Boys & Girls

**VICTORIA**



DATE	TIME	LOCATION	Hours
Sat, Apr 1	12-2pm	Uvic	x
Sat, Apr 8	2:30-4pm	Uvic	1.5
Apr 14-16	Long weekend - no training		
Fri, Apr 21	6-7:30pm	Uvic	1.5
Fri, Apr 28	6-7:30pm		1.5
Fri, May 5	6-7:30pm		1.5
Fri, May 12	6-7:30pm		1.5
May 19-21	Long weekend - no training		
Fri, May 26	6-7:30pm	Uvic	1.5
Fri, June 2	6:30-8pm		1.5
Fri, Jun 9	6-7:30pm		1.5
Fri, Jun 16	6-7:30pm		1.5
Fri, Jun 23	6-7:30pm		1.5
Fri, Jun 30	6-7:30pm		1.5
8-Jul	Learn 2 Train Festival		

**2017 Learn to Train Regional Program:**

athletes born 2004-2007

Boys & Girls

**DUNCAN**



DATE	TIME	LOCATION	Hours	
Sat, Apr 1	12-2pm	Uvic	x	
Sat, Apr 8 - Sunday, April 9	2:30-4pm 6-7:30pm	Uvic Cowichan Sportsplex	1.5	
Apr 14-16	Long weekend - no training			
Sun, 23 April	6:00-7:30pm	Cowichan Sportsplex	1.5	
Sun, 30 April	6:00-7:30pm		1.5	
Sun, 7 May	6:00-7:30pm		1.5	
Sun, 14 May	6:00-7:30pm		1.5	
May 19-21	Long weekend - no training			
Sun, 28 May	6:00-7:30pm	Cowichan Sportsplex	1.5	
Sun, 4 June	6:00-7:30pm		1.5	
Sun, 11 June	6:00-7:30pm		1.5	
Sun, 18 June	6:00-7:30pm		1.5	
Sun, 25 June	6:00-7:30pm		1.5	
Sun, 2 July	no training			x
8-Jul	Learn 2 Train Festival			