

TRAINING SCHEDULE 2016-2017: NORTHWEST T2C REGIONAL GIRLS

Training schedules are subject to change and could be affected by adverse weather, turf availability or other factors. Cancelled hours will be rescheduled wherever possible and may fall on a holiday.

2016	Date	Time	Venue	Notes
Sunday	2-Oct	7-9pm	Hamber	TRIAL - Fitness Test #1
Saturday	19-Nov	11:45am - 3:00pm	Richmond Oval	Fitness Test #2
Sunday	20-Nov	630-830pm	Hamber	
Sunday	27-Nov	630-830pm	Hamber	Movement training
Sunday	4-Dec	430-630pm	Hamber	GOAL KEEPERS ONLY
		8-10pm	Rutledge	
Friday	9-Dec	6-8pm	Rutledge	frozen
Sunday	11-Dec	6-8pm	Rutledge	frozen
2017	Date	Time	Venue	Notes
Sunday	15-Jan	6:30-8:30pm	Hamber	frozen
Friday	20-Jan	7:30-9:30pm	Tami, Surrey	GOAL KEEPERS ONLY
Sunday	22-Jan	6:30-8:30pm	Rutledge- Hamber	
Friday	27-Jan	7:00-9:00pm	Rutledge	
Sunday	29-Jan	4:30-6:30pm	Hamber	GOAL KEEPERS ONLY
		6:30-8:30pm	Hamber	
Friday	3-Feb	8-9:30PM	Hamber	frozen
Sunday	5-Feb	6:00-8:00pm	Hamber	frozen
Sunday	12-Feb	4:30-6:30pm	Hamber	frozen
Friday	17-Feb	7:30-9:30pm	Tamawanis	GOAL KEEPERS ONLY
		8-9:30pm	Hamber	
Sunday	19-Feb	6:30-8:30pm	Hamber	Yo Yo #3
Friday	24-Feb	6-8pm	Rutledge	
Sunday	26-Feb	6-8pm	Rutledge	
Friday	3-Mar	8-10pm	Rutledge	
Sunday	5-Mar	430-630pm	Hamber	GOAL KEEPERS ONLY
		8-10pm	Rutledge	frozen
Friday	10-Mar	8-10pm	Rutledge	
Sunday	12-Mar	8-10pm	Rutledge	
Sunday	26-Mar	630-830pm	Hamber	
Sunday	2-Apr	7-9pm	Hamber	shared pitch with NW T2T
Sunday	9-Apr	7:30-9pm	Hamber	
Fri-Sun	Apr 14-16	April long weekend - no training		
Fri-Sun	Apr 21-23	T2C Tournament at UBC		