

2018 Learn 2 Train Regional Program:

athletes born 2005-2008

Boys & Girls

VICTORIA



DATE	Day	TIME	LOCATION	Hours
27-Oct	Fri	6-7:30pm	UVIC	1.5
3-Nov	Fri	6-7:30pm	UVIC	1.5
10-Nov	Fri	6-7:30pm	UVIC	1.5
17-Nov	Fri	6-7:30pm	UVIC	1.5
24-Nov	Fri	6-7:30pm	UVIC	1.5
2018				
20-Jan	Sat	Training resumes February 3		
27-Jan	Sat	Training resumes February 3		
3-Feb	Sat	5-6:30pm	UVIC	1.5
10-Feb	Sat	Family day holiday weekend - no training		
17-Feb	Sat	5-6:30pm	UVIC	1.5
24-Feb	Sat	5-6:30pm	UVIC	1.5
3-Mar	Sat	5-6:30pm	UVIC	1.5
10-Mar	Sat	5-6:30pm	UVIC	1.5

Total hours 15

2018 Learn 2 Train Regional Program:

athletes born 2005-2008

Boys & Girls

DUNCAN



DATE	Day	TIME	LOCATION	Hours
27-Oct	Fri	6-7:30pm	Cowichan	1.5
3-Nov	Fri	6-7:30pm	Cowichan	1.5
10-Nov	Fri	6-7:30pm	Cowichan	1.5
17-Nov	Fri	6-7:30pm	Cowichan	1.5
24-Nov	Fri	6-7:30pm	Cowichan	1.5
2018				
21-Jan	Sun	10-1130am	Cowichan	1.5
28-Jan	Sun	10-1130am	Cowichan	1.5
4-Feb	Sun	10-1130am	Cowichan	1.5
11-Feb	Sun	Family day holiday weekend - no training		
18-Feb	Sun	10-1130am	Cowichan	1.5
25-Feb	Sun	10-1130am	Cowichan	1.5

Total hours 15