

**2017 Learn to Train Regional Program:**

athletes born 2004-2007

Boys & Girls

**VICTORIA**



DATE	TIME	LOCATION	Hours	
Sat, Apr 1	<del>12-2pm</del>	Uvic	x	
Sat, Apr 8	<b>2:30-4pm</b>	Uvic	1.5	
Apr 14-16	Long weekend - no training			
Fri, Apr 21	<b>6-7:30pm</b>	<b>Uvic</b>	1.5	
Fri, Apr 28	<b>6-7:30pm</b>		1.5	
Fri, May 5	<b>6-7:30pm</b>		1.5	
Fri, May 12	<b>6-7:30pm</b>		1.5	
May 19-21	Long weekend - no training			
Fri, May 26	<b>6-7:30pm</b>	<b>Uvic</b>	1.5	
Fri, June 2	<del>6:30-8pm</del> <b>6:00-7:30pm</b>		1.5	
Fri, Jun 9	<b>6-7:30pm</b>		1.5	
Fri, Jun 16	<b>6-7:30pm</b>		1.5	
Fri, Jun 23	<b>6-7:30pm</b>		1.5	
Fri, Jun 30	<b>6-7:30pm</b>		1.5	
<b>8-Jul</b>	<b>Learn 2 Train Festival</b>			

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**DUNCAN**



DATE	TIME	LOCATION	Hours	
Sat, Apr 1	<del>12-2pm</del>	Uvic	x	
Sat, Apr 8- Sunday, April 9	<del>2:30-4pm</del> <b>6-7:30pm</b>	<b>Uvic Cowichan Sportsplex</b>	<b>1.5</b>	
Apr 14-16	Long weekend - no training			
Sun, 23 April	6:00-7:30pm	<b>Cowichan Sportsplex</b>	1.5	
Sun, 30 April	6:00-7:30pm		1.5	
Sun, 7 May	6:00-7:30pm		1.5	
Sun, 14 May	6:00-7:30pm		1.5	
May 19-21	Long weekend - no training			
Sun, 28 May	6:00-7:30pm	<b>Cowichan Sportsplex</b>	1.5	
Sun, 4 June	6:00-7:30pm		1.5	
Sun, 11 June	6:00-7:30pm		1.5	
Sun, 18 June	6:00-7:30pm		1.5	
Sun, 25 June	6:00-7:30pm		1.5	
Sun, 2 July	no training			x
<b>8-Jul</b>	<b>Learn 2 Train Festival</b>			