



<p><b>Regional Program 2017-2018</b></p> <p><b>Train 2 Train U15:</b> athletes born 2003, 2004, 2005</p> <p><b>Train 2 Compete U18:</b> athletes born 2000, 2001, 2002</p>
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The male T2T and T2C Regional Programs will be offered in the following BC regions:

- Mainland (Vancouver and Greater Vancouver)
- Island

## 1. Eligibility & Trial

Athletes are eligible by birth year (above).

**Trial fee:** \$10 per athlete (payable online at registration)

**Selections:** Selections are posted by the Wednesday following the trial on the FHBC website.

Selected athletes will complete an Athlete Agreement and submit payment by the given deadline.

Payment deadlines will be communicated to all participating athletes.

When are trials? See [Trials & Tournaments](#)

## 2. Coaching

The program will be led by certified Field Hockey BC coaches. Coaches are appointed by FHBC Provincial Coach & Performance Manager.

<b>Field Hockey BC Coaching Team</b>	
Susan Ahrens, FHBC Provincial Coach & Performance Manager	susan@fieldhockeybc.com
Julie King, FHBC Mainland Regional Head Coach	julie@fieldhockeybc.com
Krista Thompson, FHBC Island Regional Head Coach	Krista23@telus.net

## 3. Training

The Regional Program aims for 20-40 hours (depending on the region) which includes outdoor and indoor training, education, sport science, functional movement and more! Training typically takes place for 1.5-2 hours per session once or twice per week on a Friday and/or Sunday evening.

See [Training Schedules](#)

## 4. TOURNAMENTS

<b>Division</b>	<b>Regional (BC)</b>		<b>Nationals</b>	
<b>U15 T2T</b>	<b>April 27-29</b>	<b>Surrey</b>	<b>July 2018</b>	<b>Ontario</b>
<b>U18 T2C</b>	<b>April 13-15</b>	<b>Mainland</b>	<b>July 2018</b>	<b>Ontario</b>
<b>U23 L2W</b>	<b>Not applicable</b>		<b>July 2018</b>	<b>Ontario</b>

Please see [Players – Trials & Tournaments](#)

## 5. Timeline

September 2017

- Registration opens for U15/18 BC mainland and Island athletes

October 2017

- October Mainland trials, selections and training start
- October Island trials, selections and training start

November 2017

- Outdoor technical training block

December 2017

- Break for Christmas/New Year

January/February/March 2018

- Training and tournament preparation for Regional athletes

April 2018

- **T2C U18 Regional Tournament**
- **T2T U15 Regional Festival**
- Selections to Team BC announced

May 2018

- Provincial training begins

June 2018

- India Club Tournament, Surrey BC

July 2018

- **NATIONAL U15/18/23 TOURNAMENT:** dates TBC, location - Ontario

## 6. Program Levy

**Regional levy includes:** coach honouraria, facility rental, Kukri training pinnie, tournament socks, the Regional Tournament, equipment, medical supplies, FHBC contribution, athlete travel subsidy.

Does not include: Tournament food or accommodation

**Provincial levy includes:** coach honouraria, facility rental, Kukri playing jersey and travel uniform, India Club Tournament, Championship Tournament (includes flights & accommodation when traveling out-of-province), equipment, medical supplies, FHBC contribution, athlete travel subsidy (training).

Does not include: Tournament food or accommodation

The program levy may differ from year to year based on the number of athletes involved in programming, the number and level of coaches, grant funding opportunities and other factors.

**Questions? Please contact Melody Haddow, FHBC Athlete Program Manager:**

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**604 730 7220**

***Thank you!***