

NATIONAL CHAMPIONSHIPS 2017

THE FHBC ATHLETE and PARENT'S GUIDE

U15, U18, U23 National Championship Tournament
Tamanawis Park, Surrey, July 17-25



This document provides general information for FHBC athletes and parents. Please note that each team has different requirements and not each section will be relevant to all teams. Team Managers and coaches will have team-specific information. Information can also be found under [Trials & Tournaments](#) on the FHBC website.

1. FHC NATIONAL CHAMPIONSHIPS at TAMANAWIS PARK, July 17-25

[Tamanawis Fields](#), 64th Avenue at 196 St., Surrey

Parking: Tamanawis Secondary School lot on 66th Ave. ([between 126th St. & Hampton Blvd E.](#))

Tamanawis Fields parking lot via 64th Ave. is reserved for officials, vendors and the organizing committee. Any teams or spectators attempting to park at the lot on 64th Ave. will be re-directed to 66th Avenue.

Competition Schedule: see [Trials & Tournaments](#)

LIVE RESULTS – [Follow along at fhc.altiusrt.com](#)

CODE OF CONDUCT FORM & MEDICAL WAIVER (mandatory for athletes to complete)

Download & print from [Trials & Tournaments](#). Please ensure your FHC Code of Conduct form is signed and submitted to your Team Manager. Completing this form is **mandatory** and the signed hard copy must be given to your Team Manager. Managers will take each player's Code of Conduct form to the FHC Technical Meeting prior to competition.

Please complete an FHBC **Medical Waiver** and submit to your Team Manager. This gives your Manager an idea of injuries or medical conditions that should be known or taken into consideration for the tournament. Team Managers will keep this information during competition

ATHLETIC THERAPIST

AT will be available at the field during competition days.

Social Event Friday, July 21 for U15 and U18 Boys' & Girls' teams

- [Pacific Inn Resort](#) 1160 King George Hwy, Surrey, BC V4A 4Z1
- @ 6:30*-9:30pm Buffet dinner
- Dress code: flexible

No additional cost. BC teams expected to attend.

*U18 BC boys' teams, dinner will be prepared for 8.15pm

July 25 FIELD TEAR-DOWN

FHBC needs your help! Field tear-down is scheduled for **1:30pm** on Field #2 and **5pm** on Field #1 on Tuesday, July 25. We need all hands-on-deck to collapse and pack tents and sky flags, tables, and all other equipment. We greatly appreciate your support in advance of this.

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2. TEAM ACCOMMODATION

***only applicable to (female) U15 & U18 Stags, U18 Rams & U18 Lions**

[Days Inn Langley, 20250 Logan Ave.](#) V3A 4L6

Phone: (604) 539-0100 email: info@daysinnlangley.com

The **Days Inn Langley** is approximately a 25-30 minute drive from Tamanawis Park. It is mandatory for teams to stay together at the designated tournament hotel. Rooms have been assigned. It is expected that athletes respect the hotel by keeping rooms tidy and keeping noise to a minimum. Coaches and managers will also stay at the tournament hotel with their team.

- 4 athletes/2 queen beds per room
- Daily breakfast available @6-10am
- Coin laundry available: \$1 or \$2 coins only (\$2 per load). Athletes should take laundry bags.

3. GROUND TRANSPORTATION

Volunteer parent drivers (may be) needed! Volunteer parent drivers may be required* to drive athletes during competition days. Your time and support is greatly appreciated and a subsidy toward mileage can be claimed when 3 or more athletes are driven during competition days. Team Managers are in place to coordinate such logistics. Thank you in advance. **varies by team. Your manager will have more information.*

4. INFORMATION FOR PARENTS

FOOD COST

The cost of food is **NOT included** in the levy. Team Managers may collect money from athletes to cover team meals. It is recommended to provide your athlete with around \$10-40/day* to cover meals, hydration, snacks or to support team-building activities. **varies by team. Your manager will have more information.*

EMERGENCY CONTACT INFORMATION

Your Team Manager will have your contact details & phone number, athlete medical information and personal health details. Please ensure the most up-to-date information is provided. Team Managers can let you know your athlete's hotel room number after check-in (if applicable).

TEAM TIME

Please note that athletes are expected to be together as a team for at least an hour before and after games to allow for coaches and managers to facilitate meetings, provide snacks and hydration, and lead warm-up/cool-down sessions. It is requested that parents keep this in mind, knowing that athletes will be able to connect with their family outside of team time, upon the coach and manager's discretion. There may also be other exclusive team-time activities (dinner/team-building activities, etc.). Each team will have a different schedule. **varies by team. Your manager will have more information.*

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5. COACH/MANAGER CONTACT INFO – female teams

TEAM	Head Coach	Assistant Coach	Manager
U18 Rams	Julie King coachjsking@gmail.com	Dani Hennig dani.hennig@gmail.com	Glenda Schoenroth g.schoenroth@telus.net
U18 Lions	Bubli Chohan chohan10@shaw.ca	Hannah Haughn hannahhaughn@hotmail.com	Chris Hughes skindawg@shaw.ca
U18 Stags	Krista Thompson krista23@telus.net	Kolette Cristante: kolette@telus.net	
U15 Rams	Jenn Beagan jenn.beagan@gmail.com	Kat Leahy kathleenmleahy@gmail.com	Tanja Zurkovic tanja@zurkovic.com
U15 Royal Lions	Chris Tyrell tyrrelcw@tcd.ie	Alicia Pereira aliciap003@gmail.com	Kathleen McDonald gazkat@shaw.ca
U15 White Lions	Chris Bell cbell@uvic.ca	Steph Norlander stephanienorlander@shaw.ca	Jeannie Treagus treagus5@telus.net
U15 Stags	Ali Lee alilee05@gmail.com	Andy Rushton rushton_a@hotmail.com	Heather Goodman hgoodman@telus.net

COACH/MANAGER CONTACT INFO – male teams

TEAM	Head Coach	Assistant Coach	Manager
U18 Rams	Geoff Matthews geoffmatthews183@gmail.com	Alex Bale xelabale@gmail.com	Ian Mackenzie ian@mackenzies.name
U18 Lions	Mathias Ahrens mathias.ahrens@btinternet.com	Dave Jameson/Steve Bissett djameson@shaw.ca s_bissett@hotmail.com	Roger Goodwin roger.goodwin@shaw.ca
U15 Rams	Andrew Kanerva akanerva@live.com	Sujay Mehta sujay@mac.com	Jim Knight jim.a.knight68@gmail.com
U15 Lions	Ali Currimbhoy ali.currimbhoy91@gmail.com	Adrien D'Andrade adrien.fh@hotmail.com	Kelvin Kum kelvinandjennifer@telus.net

FHBC staff will be at the competition venue each day. We look forward to seeing you there!

THANK YOU for your ongoing support and we look forward to a fantastic National Championship!

Melody Haddow
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